

# Wiley Band Practice Challenge - Week 1

## What to do:

1. Practice 15 minutes per day, 5 days per week.
2. Follow each direction, and then check it off when you've done it.
3. At the end of the week, have your parents sign the chart. What you get: One completed week of practice = one check on our Band Challenge Chart!

	T	W	T	F	S	S	M
<b>Basics</b>							
Pick an exercise from one of your Skill Sheets. Do it until you get a bit better at it.							
Do a hand position challenge. How quickly can you get your fingers correct?							
<b>Passoff #1: Pentascale</b>							
Choose a fingering on the page, and see if you can do it on your instrument.							
Now, try to play the note you just fingered							
Once you're comfortable with one note, try doing another!							
<b>Passoff #2: Hot Cross Buns</b>							
Say the note names to "Hot Cross Buns" while you do their fingerings on your instrument.							
Play.							

**It doesn't have to be perfect, just done!**