

# Wiley Band Practice Challenge - Week 1

## What to do:

1. Practice 15 minutes per day, 5 days per week.
2. Follow each direction, and then check it off when you've done it.
3. At the end of the week, have your parents sign the chart. What you get: One completed week of practice = one check on our Band Challenge Chart!

	T	W	T	F	S	S	M
<b>Basics</b>							
Pick an exercise from one of your Skill Sheets. Do it until you get a bit better at it.							
Choose another exercise, and do it until you get a bit better at it.							
<b>Passoff #1: Pentascale</b>							
Play your pentascale forwards.							
Play your pentascale backwards.							
Play your pentascale all mixed up!							
<b>Passoff #2: Hot Cross Buns and Mary</b>							
Say the note names to "Hot Cross Buns" while you play them on your instrument.							
Say the note names to "Mary" while you play them on your instrument.							

**It doesn't have to be perfect, just done!**