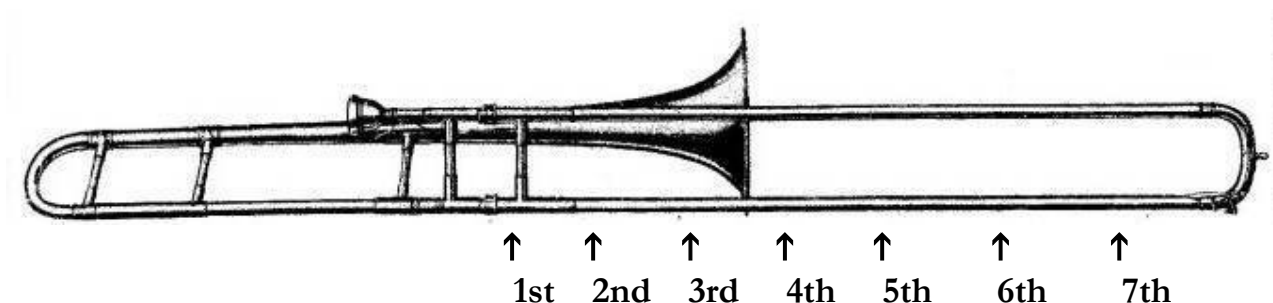


Virtual Band Camp

Skill Sheet #5 - Trombone Position Chart and Note Exercises

A Position Chart is a picture of which slide position you use to play different notes. Here's what everything means:



This picture shows you where to place your hand for each position. The numbers next to the notes in the fingering chart tell you which position to use for that note.

Or, you can find your positions using your arm. Remember:

- 1st - all the way in
- 6th - straight arm
- 4th - hand is just outside the bell
- 3rd - hand is just inside the bell

Your First Position Chart

Here are the first notes you'll learn in band. This chart shows the notes written in musical notation, their names, and which position to use for each.



The image shows a musical staff in bass clef with a 4/4 time signature. Five notes are written on the staff: Bb, C, D, Eb, and F. Below each note, its name and the corresponding slide position number are listed in red text.

Note	Position
B \flat	1
C	6
D	4
E \flat	3
F	1

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Trombone Note Exercises

1. The Note-Playing Process

- Find a note you'd like to play on the position chart, and see if you can find the correct position on your trombone.
- Make sure you're using a "duck" to hold the slide!
- Keeping your good hand position, form a good embouchure, and blow.
- Repeat this process until you've learned several notes!

2. Back and Forth

- Choose two notes that you've learned.
- See if you can play them one after the other, again and again. For example: C, D, C, D, C, D, C, D.
- Do this several times on as many different pairs of notes as you can.

3. Memory

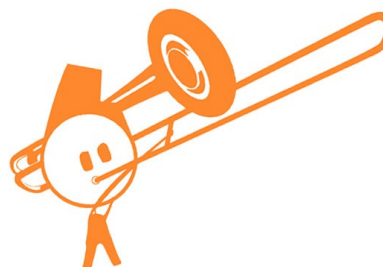
- After you have a good idea of what each note's position is, pick one and study it carefully.
- Now, turn your position chart over and see if you can find that note on your trombone without looking.
- Once you've memorized one note, repeat the process to memorize the other notes.
- Can you have B-flat, C, D, E-flat, and F memorized by our first rehearsal?

4. Create Your Own Song

- Using the notes you know, create your own short song.
- After you play the song, see if you can say the note names you used in order.
- Do this as often as you can. You may even want to try playing songs for your family and friends!

Practice Chart

Each time you do one of the exercises above, check it off below. The more checks you get, the better you'll become at playing trombone.



Exercise	Checks
The Note-Playing Process	
Back and Forth	
Memory	
Create Your Own Song	