

# Virtual Band Camp

## Video 2 Skill Sheet - Trombone Embouchure Exercises

### 1. Embouchure Check

- Look in a mirror and say "Mmmm." Admire your nice, flat chin!
- Place the mouthpiece right in the middle of your lips, without changing them in any way.
- Keeping this good embouchure, breathe in and buzz a long and relaxed note.

### 2. Rude Mouthpiece Noises

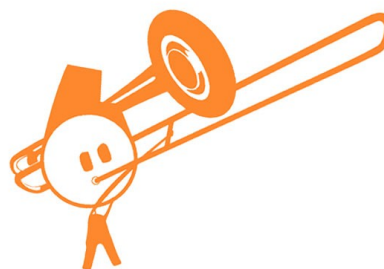
- Using your good embouchure, experiment with your mouthpiece, lips, and air.
- How many types of sounds can you make? High? Low? Loud? Soft? Long? Short?
- Now, see if you can buzz 3 long, loud, clear tones on your mouthpiece. Then, try 5. Or 10!

### 3. Class Clown Corners

- Using your good embouchure, imagine that the class clown is being silly, and you're squeezing the corners of your lips tightly to keep from laughing out loud.
- Now, buzz through your mouthpiece. Can you use your tight corners to get a higher sound?
- Next, try using really fast air along with your tight corners. What happens?

## Practice Chart

Each time you do one of the exercises above, check it off below. The more checks you get, the better you'll become at playing trombone.



Exercise	Checks
Embouchure Check	
Rude Mouthpiece Noises	
Class Clown Corners	