

Virtual Band Camp

Video 4 Skill Sheet - Saxophone Assembly Exercises

1. Identification, Please!

- Open your saxophone case, and take out one piece.
- See how quickly you can say the name of that piece out loud. Then, try another piece.
- If you'd like an extra challenge, have your parents choose the pieces for you!

2. Assembly Line

- Put your sax together and take it apart 5 times each day, including your neck strap and reed.
- Be careful not to squish your octave key when you put your neck on!
- Is your reed facing downward?

3. Neck and Neck

- Put your neck strap on, and then attach the sax to it.
- Adjust the neck strap until your mouthpiece floats straight into your mouth.
- This can be a little tricky--so be patient and practice this several times each day!

4. Looking Cool

- Use this checklist to get your whole body in a cool and comfortable playing position:
 1. Decide where you're going to put your sax...either in front of you, or on your right side.
 2. If you have to look way up or down to reach your mouthpiece...Adjust your neck strap.
 3. If your head is bent to one side or the other...Twist your mouthpiece so your head is straight.
 4. If you're straining to hold the sax up...Make sure the neck strap is holding the weight of the instrument, not your hands.

Practice Chart

Each time you do one of the exercises above, check it off below. The more checks you get, the better you'll become at playing saxophone.



Exercise	Checks
Identification, please!	
Assembly Line	
Neck and Neck	
Looking Cool	