

Virtual Band Camp

Video 2 Skill Sheet - Flute Embouchure Exercises

1. Imaginary Candy

- Make a nice pout, and chew a huge wad of imaginary bubble gum with your mouth CLOSED!
- Put a couple of imaginary jaw-breakers back between your molars.
- Tighten the corners of your lips into a pout.
- Blow a nice, long stream of air that says, "Puhhhh!"

2. Headjoint Tones

- Put your headjoint under your lower lip, and set up your good embouchure.
- Inhale without moving your headjoint, and "Puhhhh."
- See if you can play 3 loud, clear, long notes in a row. Then, try 5 in a row. Then, try 10!

3. Spraypaint Your Arm

- Bend your right arm in front of you so you're looking at your hand.
- Set up a good embouchure, take a big breath, and blow ("Puhhhh") at your arm.
- Move your airstream up and down your arm, using small jaw movements.
- Don't move your head!

4. Slide Whistles

- With your headjoint, get a good embouchure and play some Headjoint Tones.
- Stick your finger into the end of the headjoint, and move it in and out as you play. What happens?
- Figure out some cool sounds and songs you can play on your headjoint.

Practice Chart

Each time you do one of the exercises above, check it off below. The more checks you get, the better you'll become at playing flute.



Exercise	Checks
Imaginary Candy	
Headjoint Tones	
Spraypaint Your Arm	
Slide Whistles	